

Name: \_\_\_\_\_

## Life Skills 7: Learning Styles

People are often either Social learners, or Solitary Learners. After reading the handout, list the attributes of both of these learning styles

<b>Social Learners</b>	<b>Solitary Learners</b>

What do you think are some of the pros and cons of being a social and solitary learner?

<b>Social Learners</b>		<b>Solitary Learners</b>	
<b>Pros</b>	<b>Cons</b>	<b>Pros</b>	<b>Cons</b>

Would you consider yourself a Social Learner, or a Solitary Learner?

Why would you describe yourself to be this way?

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In the table below, list the 5 different types of learning styles. In your own words, briefly describe each one.

Learning Style	Description

Which two learning styles would you choose to be the best suited for you. Why?

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