

[Type text]

Health 7

Name: _____

7 Habits of Highly Effective People Video

The three skills in the video I felt were the most important were...

Skill	Reason for its importance

One skill I feel I already do well on my own is...

Skill	How I already demonstrate this skill?

One skill I feel I could improve on is...

Skill	Why is it important I improve on this skill?