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| 7 Habits of Highly Effective People Video |

The three skills in the video I felt were the most important were…

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| Skill | Reason for its importance |
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One skill I feel I already do well on my own is…

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| Skill | How I already demonstrate this skill? |
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One skill I feel I could improve on is…

|  |  |
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| Skill | Why is it important I improve on this skill? |
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